

2018-19 SCHOOL LUNCH MENU



Wendy

**1% White or Fat Free Chocolate Milk or Non-Dairy Milk
and Water available for all meals**



Menus Are Subject To Change

Week of	Monday	Tuesday	Wednesday	Thursday	Friday
9-24	Cheese Pizza with Whole Wheat Crust Green Beans Mixed Greens Salad Applesauce Milk	Hamburger on a Bun French Fries Corn or Peas Mixed Greens Salad Applesauce Milk	Macaroni and Cheese with Stewed Tomatoes Mixed Greens Salad Peaches Milk	Scrambled Eggs Sausage or Ham Sweet Potatoes Mandarin Oranges Milk	Grilled Cheese Sandwich Tomato Soup Green Beans Mixed Greens Salad Pears Milk
10-01	Cheese Pizza with Whole Wheat Crust Green Beans Mixed Greens Salad Applesauce Milk	Fiesta Rice with Ground Beef Peas Mixed Greens Salad Pears Milk	Ghoulash Green Beans Mixed Greens Salad Mandarin Oranges Milk	Waffles Sausage or Ham Sweet Potatoes Green and Wax Beans Applesauce Milk	Turkey and Cheese on a Bun Sweet Potato Fries Mixed Greens Salad Pears Milk
10-08	Cheese Pizza with Whole Wheat Crust Peas Mixed Greens Salad Mixed Fruit	Sloppy Joes on a Bun Buttered Noodles Wax Beans Mixed Greens Salad Mandarin Oranges Milk	Chicken Noodle Casserole Peas and Carrots Mixed Greens Salad Peaches Milk	Scrambled Eggs with Peppers and Onions Sausage or Ham Potato Mixed Fruit Milk	Barbeque Pork on a Bun French Fries Wax Beans Mixed Greens Salad Mixed Fruit Milk
9-17	Cheese Pizza with Whole Wheat Crust Carrots Mixed Greens Salad Pears NO E.I. PRESCHOOL	Grilled Cheese Sandwich Tomato Soup Green Beans Mixed Greens Salad Pears Milk NO E.I. PRESCHOOL	Spaghetti with Meat Sauce Broccoli Mixed Greens Salad Peaches Milk NO E.I. PRESCHOOL	Pancakes Sausage or Ham Home Fries Green Beans Mandarin Oranges NO E.I. PRESCHOOL	Egg Salad or WOW Butter and Jelly Chicken Soup Mixed Greens Salad Applesauce Milk NO E.I. PRESCHOOL

Daily Option: WBJ "WOWBUTTER"/Jelly (100% PEANUT FREE) or a cheese sandwich on whole wheat bread.

